



HELPING OUR WILD TROUT IN HOT WATER

HANDY HINTS

Here are some handy hints and key facts on increasing your chances of success whilst also protecting our wild trout from the effects of extreme summer heat ...



 **REPORT ANY ILLEGAL ACTIVITIES BY CALLING 13 3474**



MEASURE THE WATER TEMPERATURE ...

12-14°C

Optimal growth conditions.
Trout will be actively feeding.

19°C

Growth ceases and *trout become stressed.*

>24°C

Potentially lethal. Trout are extremely stressed.
Avoid fishing.



KEEP THEM WET AND USE A NET ...

Using a landing net minimizes handling, and allows you to keep the fish wet whilst unhooking.

This gives the fish the greatest possible chance of survival in extreme heat if practicing catch and release.



REST YOUR RIVER ...

As water temperatures increase above 19°C during the day, trout will cease feeding to find shelter. *Limit your fishing between the hours of sunrise and 11am whilst the water is still cool and the trout are not under stress.* This will greatly increase your chances of success and give the fish the best possible chance of survival if practicing catch and release.



SUPPORT HABITAT & RIVER RESTORATION PROJECTS ...

The effects of **CLIMATE CHANGE** will continue to have negative impacts on our trout streams into the future. *You can help minimize this by supporting river restoration projects that increase trout habitat and restore riparian zones.*

vrfish.com.au

